

119. After COVID-19, What's Next?

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Future Sense is a podcast edited from the radio show of the same name, broadcast on BayFM in Byron Bay, Australia, at <u>www.bayfm.org</u>. Hosted by Nyck Jeanes and well-known international futurist, Steve McDonald, Future Sense provides a fresh, deep analysis of global trends and emerging technologies. How can we identify the layers of growth personally, socially and globally? What are the signs missed; the truths being denied? Political science, history, politics, psychology, ancient civilisations, alien contact, the new psychedelic revolution, cryptocurrency and other disruptive and distributed technologies, and much more.

This is Future Sense.

Steve: You're listening to *Future Sense* with Nyck Jeanes and Steve McDonald. We've been talking today about the global situation and particularly the different value systems—human value systems—that are at play and were at play before the COVID-19 crisis blew up; and the fact that we are in a large-scale shift at the moment—you could call it a global revolution, there's no doubt about that—which is taking us from the Scientific-Industrial paradigm, Layer 5 values according to Clare Graves's model, into the emerging Layer 6 values, which are communally-oriented and very much about reconnecting with each other and reconnecting with nature.

In this part of the show, we're going to talk about what we might expect next. We're going to look at these value systems, what their motivations are, and how they might respond to the current situation around the globe.

We're also going to take a look at some other sources of information, too, including astrology, Nyck.

Nyck: Yes. Let's have a little look at astrology, for those who are interested in this; and for those who are not, listen anyway, maybe you'll find something here.

Astrology is, one could say, a sort of transrational approach—a mirror, something to 'read'. It's not the causative nature of things—stars don't actually literally make things happen, but they certainly reflect them very well.

Steve: I might just add there, Nyck, that astrology, like everything else, can be interpreted in different ways through different value systems. You can take a very simplistic approach to astrology and just look at the sun sign forecast—the daily whatever it is, which I used to do

years ago, and I must admit that I kind of lost faith in it because it didn't work most of the time. But then, if you want to take a more complex approach to it and be open to the fact that we live in a holographic universe where the very nature of everything is embedded in everything, and if you look the right way at pretty much everything, you can find information that you might not think would be there, actually.

Nyck: That's very true, and I think that's a part of the opening up that many of us are experiencing, is this availability to different forms of knowledge, different ways of knowing.

I have quote here that's actually relevant. This is also quoted in *The Change Code* by Monica Bourgeau, the book that we talk about and have given away here. It's from Bertrand Russell and it's called *The Russell Effect*. You might remember this: "The whole problem with the world is that fools and fanatics are always so certain of themselves, and wiser people so full of doubts." I like that very much because I think in some ways, those of us who might have an alignment to things like astrology, or to other ways of knowing, can seem to be fools and fanatics. On the other hand, perhaps we're wiser people who are doubtful about official versions and like to read broadly across different ways of understanding things; ways of accessing and making sense of knowledge. So I encourage you to do so if it rings for you, because obviously, as Steve's saying, depending on where you are, who you are, and what interests you, you will resonate or not with different ways of seeing things.

Steve: And really the ultimate test is whether it works. Listen to the information, wait and see what happens, and then see if it actually works.

Nyck: That's right. One of the most amazing things about this time is that it is quite extraordinary astrology in this era that we are in-in this period, in this year in particular. I spoke a bit about that last week. We are in a unique time—it depends on who you read, what you read-but once in hundreds, or thousands of years in some cases, some of the conjunctions—that means when planets are in the same position in the sky together or appear to be so from our perspective—we're seeing a lot of that this year in Capricorn, with Pluto, Saturn and Jupiter doing a sort of dance through there; and Mars also, currently or just recently having danced across Capricorn. All the planets, of course, take different amounts of time to transverse a particular sign. Pluto takes about 20 years per sign, whereas, for example, Jupiter takes one year, Mars about two and a half months. So you see this elegant dance between planets continually in the sky and what's called aspects or transits to your own chart. So it affects everybody differently in that way. But at the moment, today, very much when we're recording this, April 5th—but also very concurrent as you listen to this on the 6th, and in this two or three week period, which is clearly a time of crisis on the whole planet like we have never seen before-we are seeing these planets in a particular conjunction which is guite rare. Jupiter and Pluto right now are converging in Capricorn. They do this three times this year because of the retrograde effect of the apparent backward motion of planets at times, from our perspective. They do so also on June the 29th and

November 12th, which I think I mentioned last week is the week of the presidential elections in the US.

Now, that conjunction, Jupiter and Pluto, is sort of saying 'exposing the false self that took over the world when we weren't looking'. I kind of like that. Pluto's a great awakener who shakes disguises off, and I think this is what we're seeing: the revelation of how so many of our structures, our systems, our institutions simply don't do what they're supposed to do and are continually suring themselves up in one way or the other, often just with good marketing, against what is becoming fairly obvious to many people on the planet that they actually don't work. We've seen that in the coronavirus outbreak here, that these systems are scrambling to find an appropriate response and that response is higgledy-piggledy— sometimes appropriate, sometimes good, you could argue, and sometimes maybe not so. So Pluto's a great awakener, shaking those disguises off and activating a deeper lifeforce trapped below, and very much the 'below' is important with Pluto: what's actually deep inside us now, what's actually being moved? I think that what we're talking about—this forced isolation bringing about a potential for going inside and sitting with the self, whatever that means to you, and finding that inner peace or perhaps finding what you really want to do with life—it's a great opportunity.

Jupiter's job is to lift you out of limited mindsets and deliver a vision of your optimal destiny as the future you'd activate by following the true call of your soul rather than settling for a lesser path—one could argue the lesser path being that Layer 5 industrial modality we've been living in, where you basically do what you have to do to survive and to make your way and to win and to defeat and to compete and do all that. So these potent forces—Jupiter and Pluto—are combining this year. Right now, as we're speaking today, this is happening, and that's making it unbearable throughout this year to 'maintain the charade'. I think that's a good expression. It's very hard to maintain the charade now. The global pandemic is stripping away false cells from the raw, vital beings hidden below. "Whether you take this as apocalyptic or resurrectional depends on how invested in the old identity you remain and how willing to believe that something vitally real can emerge from the death of everything that never worked right in the first place", says this writer. Those are all in capital letters: "THE DEATH OF EVERYTHING THAT NEVER WORKED RIGHT IN THE FIRST PLACE". That's pretty clear. (See: https://markborax.com/cosmic-weather-report-april-2020-jupiter-conjunct-pluto-the-great-unmasking/)

At the same time, this week we also have Mars which has moved into Aquarius. Mars has passed over those planets, has been in conjunctions in the last week or so with the planets in Capricorn, but Mars in Aquarius is suggesting that there's some pushing for a new paradigm solutions right now, and that is appropriate. It's a good time in the next couple of months, while Mars is in Aquarius, to really start to push the boundaries, to think outside of the box, fighting for our freedoms—but we're not fighting with our fists, not with Mars in Aquarius; we're fighting with our minds. We're fighting with thinking clearly and thinking in a revolutionary way, but individually, I think. Also with that coming together but sharing information—we're seeing a lot of that happening at the moment, of course: good, bad and indifferent information. So you've got that revolutionary aspect with Mars in Aquarius.

You've also got the particular focus on injustice and societal problems which become very impossible to ignore while Mars is in Aquarius, and no doubt in this next couple of months, we're going to see some of the fallout as perhaps the coronavirus pandemic risk is lessened to some degree. We're then going to see the societal problems emerge across the board in so many ways. It's going to be there anyway, because Aquarius is the humanitarian sign of the zodiac, and it's especially concerned with what's happened to the underdog. So you might find yourself—and I think all of us, to one degree or other, started to really feel, if your situation is not dire but bad enough or different enough or challenging enough as it is—but many other people that you may know, and certainly people in other parts of the world, are going through extreme, or will be going through extreme pressures in this next period of time.

It's a powerful opportunity for reformation and for revolution during this transit, and just remember that that rebellious nature actually is a very positive thing with Mars in Aquarius. You don't have to buck the system. It doesn't mean you don't do what you're told to do with regard to the virus, as we said earlier today—do what's necessary to comply with societal mores at this time, for sure—but with that time on the inside with yourself, that time by yourself or with just those close few to you, there is an opportunity to find a revolutionary, a humanitarian rebellion inside of you.

Also, the last thing about Mars in Aquarius is it's very focussed on technology and the future. So there's also that aspect of becoming more active, actually, on social media and finding ways to connect, and we've talked about that a little bit before. There's a lot of different groups and support mechanisms appearing on some of the social media platforms, besides the fact that you can watch a bunch of sci-fi movies on Netflix, which will also be an expression of Mars in Aquarius. So we're seeing quite an opportune mystic period we've just entered with that, while this lingering, and still for quite a long time, play and dance between the planets in Capricorn: Jupiter and Pluto.

Saturn's just moved into Aquarius, too, in the last week, but it's going to move back. That's a suggestion to me that it's not over yet, and that's for sure. We're seeing, in a sense, a kind of respite right now, but I think we're just about to see, with the full moon coming up this week on the 8th, we're about to see the next layer, the next level emerge, and we have no idea what that might look like.

Steve: Thanks, Nyck. That's really good. So much of that really hits the spot.

Steve: It's interesting just to sit and ponder the concept of a global revolution. We can look back through history and we can look at various revolutions, and each revolution is shaped very much by the different value systems which are at play. The ones that we were taught most about in school often involved Layer 4 versus Layer 5, like trying to move beyond that rigid authoritarian social structure to a freer, more individualistic kind of social structure.

Nyck: Yeah, my marble is the biggest marble and it's going to take all your marbles.

Steve: Something like that. Yet here we are facing a different kind of revolution now, one that we haven't seen on the planet before, which still involves Layer 5. I guess, for many, that is the main concern, because when we look back over this Scientific-Industrial era at some of the behaviours which have been tolerated and promoted during that time, it's concerning to think that whole paradigm is probably not going to recede from domination—global domination—quietly. It's quite unlikely. One of the encouraging things, though—and this has really been shown up by the COVID-19 pandemic—is that the typical solutions that that paradigm comes up with really don't cut it. What's been amazing to me is to see that governments, which have been behaving very much in line with the old paradigm, suddenly start behaving differently.

Nyck: Yes, we alluded to that little last week and there's quite a lot of debate out there about that very fact: that those on the right wing, including the government of this country—the Scott Morrison government, a fairly right wing, certainly right-of-centre government—which is appearing to be incredibly socialist right now with the amount of money that it's generously giving out all over the place.

Steve: Exactly.

Nyck: And meanwhile, the left tends to be quite OK with a bit more of a police state and the military being used in the shutdown, which you would argue they would not normally be subscribing to. So we've seen that fading between the polarisations, politically speaking, with regards to some of these things, which is a good thing.

Steve: Yes, it's very interesting.

I think that just pondering the old paradigm as a kind of a concrete slab could be a good analogy. I mean, it's certainly been the source of a whole lot of concrete, hasn't it, around the world in the last couple hundred years? Think of the old paradigm, the concrete slab, cracking because of disruption; the Earth's moving underneath and things are changing and it's cracking. Some pieces of the slab are cracking off, so they're actually separate. In fact, the whole slab is kind of fragmenting at the moment; it's no longer the solid piece that it was. Now it's breaking up into other bits and pieces, and in between, in those cracks, we're seeing new things emerging into the sunlight, like plants growing up, nature re-emerging, for example, which really fits with the theme of the sixth layer. The light is getting in where it wasn't able to get before and the darkness that was underneath the slab is being exposed. I guess the opportunity now is that in these cracks in between, where those things are sprouting, there is the opportunity to fertilise those things and focus on those things and to help them grow, and maybe throw a few more seeds down in the cracks there.

Nyck: Yes, throw some seeds if you can get any. It's quite hard to get seeds at the moment; it's hard to buy them.

Steve: Even here in Byron Bay.

Nyck: Well, there are places. I have sources.

I'm just looking here at Monica's book, *The Change Code* again, and some of the information on the transition from Orange to Green. I note an interesting thing here, which I'm sure you can expand on, and that is: "the emotion that drives the transition from Orange to Green is loneliness."

Steve: That's right.

Nyck: Fascinating to think about that given this connected world that we have, and fortunately right now as we speak, we are able to connect with you and we connect with each other around the world through the technology which has arisen in Layer 5. It's part of the wonders that have emerged in that sort of technology, but because it's gone too far in some sense, there is a sense of isolation and aloneness emerging in people, and in some ways, I think that's the great relief of this coronavirus. Social isolation means that we actually have to be really isolated with ourselves or with our loved ones and actually perhaps get over some of the difficulties we have with other people—and you can imagine some of the problems that some people are having out there for sure.

Steve: I can imagine, yes.

Nyck: But I think that notion of, well, how do we connect? What's real as a connection? As we come out of this, what does connection look like in the future? I wonder about that.

Steve: It's a good question. The fact that we are being isolated, as I said earlier in the show, opposites generate their opposite over time, so if you isolate somebody, you're going to generate the desire for the opposite of isolation. I mean, it's pretty much common sense, isn't it? So we can expect that elastic band that's being stretched, to flick back in the opposite direction once the opportunities arise. From a global revolutionary perspective, though, we do need to be vigilant because the same is going to happen for the other value systems. So for people operating out of Layer 5, seeing their way of living being disrupted and wanting, naturally, to try and get it back, then we can expect them—we can bank on the fact that they will—pull out all stops to try and hang on to the old system; keep the old

system going, and it would be reasonable to expect to see some extreme expressions of their strategy once we move into the next phase of what's unfolding globally right at the moment. I think we should steel ourselves for that. We should expect that to happen and not be surprised when it does happen, but also take some solace in the fact that the Layer 5 strategies really aren't working very well at all. So whatever they try, it's likely to generate more energy that's going to take us towards Layer 6—the emergence of Layer 6.

Nyck: I also wonder, depending on how much is lost by how many, those who have resources—have money, have stocks, have bonds, have other forms of assets in one way or the other—how much and how many people will be affected by this particular calamity that's occurring now? And thus, if those people are largely perhaps situated in Layer 5—they may not be—but they're going to have quite a hard time to scramble back and regain their wealth. In fact, it's well-nigh impossible, so I wonder what the strategy might be, given the situation where people lose that much.

Steve: Yes, I know. The saving grace is that everything is connected. We are so connected and so dependent upon each other at this time that no-one can afford any significant group of society to be left behind because it will impact everybody. Just take your average suburb in your average city anywhere in the world. If a good selection of people are unable to afford to live, for example, imagine the difficulties that's going to create in your street, right?

And even for folks who might be in very fortunate circumstances, in fortunate suburbs, they won't find life the same in a city where the other side of the city is unhappy and the other side of the city is disrupted or it's not fed properly or it hasn't got utilities and those sorts of things. So we just cannot, try as hard as we might, disconnect ourselves from each other at the moment, and that really will be a saving grace because people will find practically that, 'Okay, we have to lift everybody up here.'

Nyck: Yes, and we have to do that locally; we have to do with the sense of resilience. We use that word quite often on this show, but it does give that opportunity for the Green values to emerge, and there will be resistance, as you're saying. People will not be there in themselves or in their families or in their particular tribal or national collectives, but overall, the pressure will tend to be towards more collectivism, more consensus, more social safety nets, and more communication and more connection with the planet and with each other. Let's hope so, that that will be the abiding pressure in societies around the world through this—with a lot of resistance, as you're saying. We have to be very vigilant because it's not going to be easy to transition.

Steve: No, that's right. There are some obvious things that we can expect, and I might just go back to the value systems and look specifically at some of the particular challenges that they might throw up.

In places where Layer 4 values are playing out—and again, they are more prominent at the moment because of this values regression that's been taking place in recent years—the rigidity from Layer 4 strategies is going to actually create possibly the most tension within societies. Where governments or authorities or groups of people are being completely rigid about what they are demanding or what they will or won't do, then that's really creating a lot of tension on that slingshot, and it will consequently attract the most pushback.

Nyck: One of those, just as a slight aside, is in a piece that I found about Israeli police taking on ultra-Orthodox Jews, because one of the things that hasn't been talked about that much is the closing down of all sorts of religious ceremonies—churches, synagogues, everywhere, everything, certainly in western countries—which are essentially Layer 4 entities. So they're not operating the same way anymore to those people who are used to having that strong Layer 4 'home' in their churches, whatever denomination it might be, they don't have that anymore. So that's quite a powerful thing, just that.

Steve: It is, absolutely. Their lives have been disrupted, and those are the sorts of things that give rise to values shifts; they give rise to values regressions, where people, for example, who might have been living by Layer 4 might regress to Layer 3, in which case you might find violent protests and those sorts of things. We were seeing plenty of that going on before COVID-19 broke out in places like France, Hong Kong and plenty of other places, actually. If you want to go and Google "protests 2019" and just see how many countries come up there, there was a lot going on before this began, and this is a temporary pause. It's not fixing those problems at all. In many respects, it's actually making them worse, so we ought to be aware and prepared for changes in that order once we come out the other side of this.

You kind of touched on it there, that the economy and the economic disruption really is the biggest issue here by far. Very, very few people will actually catch and suffer from symptoms of COVID-19 globally, but everybody's catching the economic fallout. There's no doubt about that whatsoever. The economic fallout is going to be expressed within a world that had all the problems it had when we came into this situation, many of which have been put on pause at the moment, so it's going to be expressed within a world of corruption and crumbling democratic systems; it's going to be expressed within a world where social systems are no longer doing the work that they used to do, and people are realising that and they're demanding change.

So we do need to be vigilant as we re-emerge into the world, and we need to look for those cracks in the concrete slab where we can throw a few more seeds and put a bit of fertiliser on. Really, that is the fastest way out of all of this—is to help this new paradigm grow and lift everybody out, because that's the nature of Layer 6. The Layer 6 paradigm's nature is communal values, it is to rebalance things, it is to redistribute things, it's to have strong networks, it's to have resilient communities, and those are all the things that we need to work on.

Nyck: Yes.

We'll take a break and we'll come back for the last segment here on Future Sense. As I've been saying, of course, <u>www.futuresense.it</u> is the website where you can access the podcast. It is usually up within 24 hours of this broadcast, which you are hearing on Monday the 6th if you tuned in to the radio or via our website. We're recording this, as you know, like all other radio shows on BayFM at the moment, from remote locations, and we are recording on the 5th. We'll be back after this here on BayFM.

Steve: You're listening to *Future Sense* with Nyck Jeanes and Steve McDonald, and we're recording this on Sunday, 5th of April for our Monday, the 6th of April show.

We've been talking about the role of value systems in human behaviour, the things that were going on in the world and being driven by various value systems prior to the COVID-19 breakout, and then we spoke a little bit about what we might expect next—the things that we might expect some of these value systems to do, and some of the signs that we're seeing of the emergence of the new paradigm, and opportunities to grow that.

To wrap the show up, I thought I just might mention a couple of touchy topics.

Nyck: Oohhh, touchy topics. We like those, don't we folks?

Steve: I had a message from a friend in Melbourne a few days ago now, who was very genuinely concerned about the possibility of the imposition of martial law here in Australia. I guess some people are clearly concerned about that possibility with the kind of authoritarian shut down that has taken place, albeit fairly well intentioned, and I think without too much strife at this point. Here in Australia, we have in our army, about 49,000 people, and that includes Reserves. I think it's roughly about 29 - 30,000 regular, fully-trained soldiers.

Nyck: Really quite small, isn't it?

Steve: It's quite small. We're a big country in terms of our size, but we're a small country in terms of our population. So I wrote back to my friend and I just said, look, I haven't seen any indication that that might happen, but even if they wanted to, you know, there's 25.6 million people in Australia and we have an army of about 49,000 people. Now, that doesn't go very far, and I know from experience, having spent 15 years in the Army and often being challenged to try and do tasks that were really way beyond the possibility of my small number of troops that I was working with at the time, but just having to make do and do the best that you can under difficult circumstances—in a practical sense, there just aren't enough police or military in Australia to enforce martial law nationally. It's just not going to happen; it's not a possibility. They sometimes struggle to cope with small trouble spots, like the Cronulla riots and those sorts of things, so I really would put that fear to bed. I don't see that as being a possibility at all.

Nyck: I would hope not. I did say to you off air that we don't have many guns, which I'm very happy about in this country. We're not a gun-carrying population on one hand, so we don't have much to fight with. I also think, in response to that, the amount of fear that can be generated can actually outweigh the numbers to some degree, when people are that afraid of authority and what may happen to them if they don't abide by whatever shutdown laws that are imposed upon them.

Steve: Yes, certainly that's true, and it is a delicate balance. I was going to say—this is part of our summary, so maybe I'll go there now—one of the great risks that we face with the current lockdown in place is that it's only working because people are genuinely concerned about the threat, and they genuinely feel that they need to comply and take actions in order to keep everyone safe, and that's a really, really good thing. If it did get to the point where it started to look ridiculous, though, and it was lasting too long—and let's face it, here in Australia, we're at an economic standstill at the moment in response to a virus that has so far killed 34 people as of the latest figures that I have access to, out of 25 and a half million—it's fair to understand that it's really our hospitals that we don't want to have overloaded and we're doing our very, very best to minimise the casualties, and all of that up until now has been entirely reasonable. But if, as some politicians have been saying, they wanted to extend this out to 18 months, which to me, as I've been saying consistently over the last few weeks, is just a ridiculous idea, basically, given the facts, then I can see some real questioning going on; and I think that would be very, very healthy if that did happen.

Nyck: Well, I think even in a small way, I said to also off air that I was down at the beach this morning up here and there was a half a dozen young folk, late teenagers, early 20s, clearly not really doing the social, physical distancing thing that much, and I could feel, I could read, that they're just not that concerned. Why? Because it probably hasn't touched them directly. I was on the beach and the beach looked like any other beautiful day in the Northern Rivers of New South Wales, and for young people in particular, if there's not an immediate impact—someone in their family, someone close to them—if it's not really present, if the deaths are not soaring through the roof, it's pretty hard for them to stay focussed on those sort of regulations, I think.

Steve: And that is human nature.

While we're on the touchy topics, another one that's been coming up a lot in discussion on social media has been the possibility of vaccines being made mandatory. Again, I think that's actually a reasonable question to be asking at this point. I mean, certainly there's a lot of mainstream media coverage of big pharmaceutical companies and governments and people like Bill Gates who are working very, very hard to produce vaccines and have big plans to sell a whole lot of them.

Nyck: Well, vaccines are very big business, as everybody knows, but I was surprised by an article that we were afforded just earlier today. On February 23rd, CNBC had an article which describes the vaccine market in America as six times bigger than it was 20 years ago—six times bigger!—and worth more than \$35 billion annually, providing a \$44 dollar return for every dollar invested (https://www.cnbc.com/2020/02/21/coronavirus-brings-light-to-the-35-billion-vaccine-market.html). That's better than cryptocurrency when it's flying best. So, clearly there's a lot of money in that and I guess if you're pro-, anti-vaccine, or somewhere in the middle, that's one thing, but do you want to be forcibly vaccinated for something like coronavirus? Maybe you do, but, you know, there's a lot of questions to be asked; and I think they're also putting aside proper research—I heard that with some of the attempts to come up with the vaccine, they're putting aside animal research and going straight to human trials.

Steve: They would have to do that to meet the timeframes that they're talking about working on.

Nyck: So, there's a lot to be concerned about there. I think that is something we need to keep an eye on for sure.

Steve: It's something that we will monitor, and I agree with you, Nyck. I think it is a genuine concern and it's also a likely approach from Layer 5 values. That particular value system is always looking to take advantage, to exploit whatever it can. So that is something to keep an eye on and we will continue to do that and report to the latest information on that.

Nyck: Yes.

From the Johns Hopkins Bloomberg School of Public Health, a poll that was part of the simulation that many people are aware of that happened last year. You mentioned that the Bill and Melinda Gates Foundation and the World Economic Forum had an *Event 201 Novel Coronavirus Pandemic Simulation*, apparently in October 2019, and the Johns Hopkins Bloomberg School of Public Health did a poll that was part of that and said that 65% of people in the US would be eager to take a vaccine for COVID-19, even if it's experimental. I found that rather interesting.

Steve: That is interesting, yes. Incidentally, those events happen every year. That wasn't a one-off last year. Some people were pointing to that as a possible kind of conspiracy theory fuel event, but I checked on that and they do one every year or two. It's a regular thing they do for it for some sort of health risk, yeah?

Well, let's wrap up, shall we? At this point, we still expect the health threat to peak and begin to ease within the next couple of weeks, and there are signs of that already starting to happen here in Australia with the rate of new cases per day consistently dropping off across all states here in Australia. That would suggest that, in terms of rates of new cases every day, we have reached the peak here and we're now on the back end of that. From a values perspective, and I must say also that every country has its own unique set of circumstances here, and as we said last week on the show, there were probably many countries that are yet to peak, and certainly the United States is in that category now, so our hearts go out to everybody there who's dealing with the difficult aspects of that; and we trust that as communities, and as state governments and the federal government, that you will find the best path through that challenge.

Nyck: Indeed.

Steve: From a values perspective, there is clearly a global revolution underway and that's been underway for some time—it's just been bubbling away in the background—and really events like this pandemic bring it to the forefront. Ultimately it's taking us forward into a new communal paradigm, which, by all accounts, ought to be the most peaceful version of humanity that we've ever seen. So I think it is only a good thing, and there is no doubt that what is happening now in response to this pandemic is actually accelerating that movement towards the new paradigm and is fertilising the early stages of it, and I think that is the best solution for everybody, because the new paradigm will be more capable.

Nyck: And with the same kind of analogy, we are all one seed.

I note an interesting article that I've only had a chance to scan—it came through to me while we were recording today. It's called *The Superorganism That Created the Pandemic: A spotlight on the species that dominates the global ecosystem*, by Gaia Vince, and points out in a simple line in here that: "Just as one infectious agent can spread throughout the network from a single point, so too can one solution" (<u>http://nautil.us/issue/83/intelligence/the-</u> *superorganism-that-created-the-pandemic*). I think that's really lovely to think that we are a super organism who, because of our nature on this planet, of dominating the global ecosystem in one sense, in one way or the other, we have created this problem—we've made the conditions available for these kind of viruses to arise, perhaps you could say, in this kind of way—but at the same time, that superorganism that is us can also come up with a solution from one point at any time.

Steve: Absolutely, and the great wisdom traditions tell us that, in effect, we are creating our own reality, and so it really comes down to what we're focussing on, how we're feeling about life and what we're anticipating; and the opportunity is there, in this moment of quiet as we pause, to think about what it is that you're focusing on. Are you focusing on the fearful aspects? Are you focusing on who you are and how you are being in the world and maintaining a positive outlook, expecting the best, trusting in the universe to deliver exactly what you need?

Nyck: And supporting each other out there in the best way that you can.

Thanks for joining us today. Stay safe, stay home—most of you, most of the time—and stay tuned to BayFM, and to our podcast at <u>www.futuresense.it</u>.

We'll be back with you next week here. Thanks for joining us.

Steve: Thank you.

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The future is here now, it's just not evenly distributed.