

98. Multidimensional Awareness, Part 2

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Future Sense is a podcast edited from the radio show of the same name, broadcast on BayFM in Byron Bay, Australia, at <u>www.bayfm.org</u>. Hosted by Nyck Jeanes and well-known international futurist, Steve McDonald, Future Sense provides a fresh, deep analysis of global trends and emerging technologies. How can we identify the layers of growth personally, socially and globally? What are the signs missed; the truths being denied? Political science, history, politics, psychology, ancient civilisations, alien contact, the new psychedelic revolution, cryptocurrency and other disruptive and distributed technologies, and much more.

This is Future Sense.

Nyck: We're talking about multidimensional layers of awareness and how they manifest and move forward through the different layers of consciousness as identified by Clare W. Graves and the model that we work with here on this station, on this show, often. We're going to move into Second Tier consciousness now, which is where we're beginning to emerge into.

Steve: Yes, so thanks to what unfolds in Layer 6, this transition into Second Tier becomes possible. Some of the really important aspects of the enabling factors are the reconnection with the physical body, which was, by policy, disconnected back in that religion/science split that happened way back, and a return to older practices through the kind of interest and experimentation that takes place during Layer 6.

We revisit and rediscover the importance and the usefulness of these older traditional practices of moving the body, which grounds us and allows us to connect and become more aware of the body and what's going on in our body and the energy moving through it; as well as associated meditation, and ideally all that wrapped up into one kind of practice. If you can find a practice that involves moving the body and meditating at the same time, for example, yoga, qigong, all those sorts of things—often eastern practices—and the associated enhancement of our sensory perception that comes with those things, just expanding our awareness of what's going on in our body is really the start of that. Over time, that then opens the possibility of this transition to Second Tier. Of course, there are other things, as we mentioned earlier—the use of plant medicines and those sorts of things can also be an important factor.

Nyck: And of course, diet generally.

Steve: Absolutely. All of these things are interrelated, and often, when we start doing one of these things we'll be drawn to do other things because when we reconnect with our body and actually become more aware of what our body's telling us and how our body feels, we tend to want to change what we're putting into our body because we notice how we feel when we put different foods into our body and that kind of thing.

Eventually we go through that change process that happens in between each one of these value sets. Bearing in mind, too, that these values are accumulating as layers, so in a nested kind of a way, by the time we come to the completion of Layer 6, we've got six layers inside us with all of those different characteristics.

Nyck: Like Russian dolls.

Steve: Exactly like Russian dolls. Then we go through that change process, and given supportive life conditions, which are really critical—if you haven't got the supportive life conditions, you won't necessarily shift—we can have this Momentous Leap occur into Second Tier consciousness, which brings a sudden increase in multidimensional awareness in the waking state of consciousness. So all of a sudden we become aware of things that are going on around us while we're in the waking state, which previously were invisible to us. To some extent that happens during each values transition. We've got these subtle increases in sensory perception that are happening, some of the more obvious previous ones are just the sense of being connected to other people in ways that we hadn't felt before. That's a particular characteristic of the Layer 6—feeling that connection within our network of friends.

Nyck: Now it would seem to be things like synchronicity—the awareness of synchronicity, for example—so that the connectivity is there, but now it's like there is extraordinary meetings of ideas, people, situations, information that might come in various ways, and then you become aware of the connectivity on a much broader, bigger level.

Mitch: This is where the systems of systems come in, so when you start perceiving that, then the picture gets a little larger.

Steve: Exactly, and pattern recognition is a big factor in Second Tier. So as we're moving into this seventh layer, which we might call Integral, because one aspect of it is that we start to get this left-brain/right-brain integration, whereas previously in all the six layers, we've been biasing our perception of the world through either left-brain or right-brain, we get that integration, we can see patterns, we can feel things that we couldn't feel before. The fact that these values systems exist in us and in other people becomes obvious in a very direct way that just hasn't been present before, so that's a big thing. With everything that we've accumulated in our journey through the first six stages and the things that we've learnt

about science and quantum science and all those sorts of things, we go on this rapid learning curve at Layer 7 where we're looking at all these patterns, figuring out very quickly how they all fit together, and reconciling all the historical stories, all the rulesets, all the practices, and seeing them all as a sort of a stepped process of slowly building us to where we are now at this place where we can integrate all of those and see how they all fit together. That really puts us on track for the merger of science and spirituality and starting to see, 'OK, well, those things that they're talking about there and that old belief system actually sound like the quantum potentials which are sitting there waiting to pop up in a 3D reality'.

Nyck: I often wonder about the photon experiment--I can't remember what it's actually called—where one photon ...

Steve: Double slit.

Nyck: Not that one, but the idea that one photon on one side of the universe, one photon on the other side of the universe ...

Steve: Entanglement.

Nyck: Entanglement, thank you. Einstein's term: you affect something on this photon and instantaneously, beyond time and space, the effect is on the other side of the world.

Mitch: What's really interesting is that there's not just two of these photons connected, but all of them entangled.

Nyck: In Hindu mythology, they call it Indra's Net, which is a net of multifaceted jewels, as it's described, which reflects each expression equally, everywhere at all times, so everything's reflected in each other continually.

Steve: Yes, and that's the kind of pattern recognition that is prominent in Layer 7. We can look at those stories and say, 'OK, I actually see that that is this', and so it all starts to come together.

Nyck: Can you talk a bit about intuition as a factor here, because intuition has been much maligned and certainly pooh-poohed for quite a long time within Layer 5. Even though some creators will say they use intuition, things are counterintuitive, these sort of expressions, they're not really talking, I don't think, about intuition as it truly means. That seems to really

be emerging now—the trust that there is something that is evolving or needs to develop in people. How would you comment on that?

Steve: One way to look at this journey of growth is that we're slowly pulling stuff into the waking state that previously resided in the dream state or the causal state, so our awareness of the existence of those things while we're awake and our capacity to interact with and work with them is increasing.

Right through all the value systems, you're going to find people who are intuitive—people who suddenly just have the right ideas pop into their head, or can somehow channel some interdimensional intelligence and deliver a useful and workable solutions to problems—and at each layer, as we go through the value systems, when that happens, we interpret it from where we're at. So if we're living in an animistic world and that happens, then we're probably going to make sense of it by, 'ok, the spirit of the mountains spoke through Mitch.'

Mitch: As it does.

Nyck: I've seen that happen.

Steve: You know, and it said, 'don't sit under the coconut tree because one's about to fall', that kind of thing. So intuition looks different depending on which value system that it's occurring in. It's explained, it's made sense of, in different ways according to different value sets and different perceptions of the world, but really, it's essentially the same thing, it's just that how we're interpreting it is different.

By the time that we get through to Second Tier, we've started to pull that empty witnessing state into waking consciousness and so we become disentangled from the previous six value systems and we can kind of sit separate and observe them. The reason that we're disentangled is because we are able to see them as separate things—we're sitting apart from them somehow and able to witness them. The more we can pull in from that multidimensional realm into the waking state, the clearer the picture is going to become, and so by the time we get into Second Tier, intuition can become pure in the sense that it's not flavoured by any of the first six value systems; it's not flavoured by our tradition, it's not flavoured by religion, it's not flavoured by scepticism.

Nyck: It's more direct perception.

Steve: Yes.

Mitch: One of my favourite analogies, as you know, particularly for the Second Tier, is the fish jumping out of the fish bowl. Just imagine living in a fish bowl your entire life—you're in the water, you don't even sense the water, you are just in it, and by jumping out, looking back, 'Oh, my gosh'.

Steve: Exactly, and that's a very useful description for this Second Tier emergence. All of a sudden, you look back at the world and go, 'hey, woah, I was in that!'

Second Tier is a really, really significant emergence in terms of this multidimensional awareness, and as I said, we seem to get some of the empty witnessing capacity at least becoming resident in our waking consciousness. What that does is it gives us tremendous freedom to compute and resolve challenges and problems in life. As Graves said, there's more capacity in Layer 7 than there is in the previous six layers added up. It's extraordinary.

Nyck: Simply put, you can just say more connections in more ways are more available more of the time, essentially.

Steve: Yes, more processing power, if you want to use a computer analogy. It's like our hard drive's just been completely defragged. All of those files that were actually filling up the hard drive have been condensed into like one tenth of the hard drive now and we've got all that spare space to play with and our processor power is increased.

Mitch: Possibilities abound.

Steve: Exactly.

Nyck: When you were talking earlier about the notion of ideas coming in various ways, I just wanted to mention British scientist, Rupert Sheldrake, and the morphogenetic field. I thought that's a really interesting transition that's occurred into what we're talking about here—that kind of scientific understanding, or at least a theory about how ideas come through.

Steve: That's right. It's a very nonmaterial concept for which poor old Rupert has been slammed by mainstream science. But, you know, he's a groundbreaker and that's what happens.

Nyck: He is a groundbreaker and he keeps on going, too, so it shows what's actually happening. These people may have been, you know ...

Mitch: Tuned into the field.

Steve: That's right.

Back to your question about intuition, one way to explain the Second Tier version of intuition is that without influence by those first six value systems, you could see it as tapping into the quantum realm of possibilities. I used to use the concept of a funnel to explain that the further you go into the future, the broader the range of possibilities becomes, because of free choice and because of all the influential factors on what actually emerges as a reality in this dimension. The closer in our time that you are to the event, the fewer possibilities there are of how it's going to unfold, and so somehow in Second Tier, we start to be able to sense into that funnel a bit further and feel and indirectly intuit what might be about to happen or what's most likely to happen, or what the most likely solution to a problem in the future is, and those sorts of things.

Nyck: The funnel reminds me of Aldous Huxley, of course. In *Doors of Perception*, he used that very simple analogy that the availability of information is vast, and in previous levels of consciousness, we had to sort of funnel it into a very narrow appreciation, just to make sense of the world, and that's what's opening up now, in a sense.

Steve: Very true.

Going into the Layer 8, we don't have a lot of data from Graves's research around that because there were very few people that he found in Layer 8, but we get a further richness added to this multidimensional awareness. My sense of it is that we start to then poke into the unity of consciousness space in terms of our waking state experience of the world. There's a more direct feeling and understanding and awareness of the connection of everything, and that's, again, hard to put into words. Like I said earlier when I was describing it at the start of the show, the unity consciousness state is, by definition, impossible to describe, but somehow we start to feel it in some way more in Layer 8 than we have ever before, but there's more research and more documentation to be done.

Nyck: We're nearly out of time, of course, on the show; just a couple of more minutes here.

When it comes to applying all of this—and this is a big topic, of course—but to the solutions of the challenges we face on the planet at the moment, how do you see, in a nutshell, how this factors into finding the necessary solutions that we are clearly in need of right now?

Steve: The practical application? It's kind of something that just resolves itself. I mean, when you're in a value set, you behave and think and operate according to the value set, so it's not something that you need to kind of find in a book and write down, it's just going to emerge naturally. It's interesting to look at the media that has come out in the last 10 to 15 years, and some of the stuff that's around at the moment, and see how these ideas are being

presented in the media. There's been some amazing pieces, like the *Matrix* series, for example, which have really interestingly presented this concept of popping out of one value system—one reality—and then popping into another, which brings you awareness, not of just that other reality, but a capacity to look back into the other reality and interact with it in a very, very different way. And I guess *Avatar* was another great example.

Mitch: And even the Wachowskis doing *Sense8*, the television show about these future humans that are having extra-sensory awareness.

Steve: That's another great example.

Nyck: The film Inception, which is interesting too.

Mitch: That's another one, yes.

Steve: Diving into the dreams and going from one dream into another dream, yes.

Nyck: The idea of timeline jumping, also, is inherent in some of these ideas too—that sort of breakdown of the linear time conception that we've had for such a long time.

Steve: Yes, and all of them really built around this idea of there being a number of successively deeper states of consciousness that we can access somehow and we can bring back information from, and then start to integrate aspects of those other states of consciousness in our waking state, or at least awareness of them and access to them.

Nyck: It looks like we'll have to wind it up there for *Future Sense* this morning. Thanks for joining us out there. We'll be with you next week here on BayFM. And of course, stay tuned in a couple of days for the edited podcasts of this show, which will be available through <u>www.futursense.it</u>.

Thanks, Steve McDonald.

Steve: Thanks, Nyck; thanks Mitch.

Mitch: Thanks guys. Appreciate it. See you next week.

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